



**CENTRE COUNTY PREVENTION COALITION**  
*A SAMHSA Funded Drug-Free Community Coalition*  
*Supported By Centre County Drug and Alcohol*



**February 17, 2010 – Focus on Strong Families Parenting Conference**

Dawn Taylor is the Community Mobilizer for Care Partnership Centre Region Communities That Care. This weekly column, published on Wednesdays, is a collaboration of Centre County *Communities That Care* serving Bald Eagle, Bellefonte, Penns Valley, and Philipsburg-Osceola Area School Districts, and Care Partnership: Centre Region *Communities That Care* serving the State College Area School District.

A strong family foundation is important throughout the lifespan. Centre County families are invited to learn how to identify their strengths, build on those strengths, and create stronger families at the Focus on Strong Families 24<sup>th</sup> Annual Conference for Parents.

This year's keynote address, *Helping Siblings Get Along*, will be presented by Eileen Kennedy-Moore, psychologist and author of the children's book, *What About Me? 12 Ways to Get Your Parents' Attention Without Hitting Your Sister*. Kennedy-Moore will also present workshops on raising daughters and raising sons.

The conference will offer workshops throughout the day on topics of interest to families with children from infancy to young adulthood such as:

- Understanding the defiant child
- Supporting your child's social-emotional development
- Talking to your kids about sexuality
- Time in, time out, time off
- Supporting your child's health
- Transition to young adulthood for students on the autism spectrum
- Managing credit
- Obsessive-compulsive disorders in children
- Young drivers
- Internet safety
- Nutritious, low-cost meals
- Becoming a foster parent

A special program is planned for children ages 6 to 12 years, and childcare is available for children ages 5 and under. A joint workshop will be offered for parents and children who want to explore what it means to "express yourself" in a creative self-portrait.

Strong families recognize that they don't have to do it all on their own. They draw on the support of family and friends and the strength of their community. Information on a wide range of services available to Centre County families will be available at a Community Resource Display facilitated by Communities That Care.

Whether you are a parent, grandparent, other care giver, or professional who works with children and families, you won't want to miss this year's Focus on Strong Families conference. The event will take place from 9:00

a.m. to 4:15 p.m. on Saturday, February 27 at the Mount Nittany Middle School in State College. For more information, call 231-1062 or email [wjb11@scasd.org](mailto:wjb11@scasd.org).

Care Partnership: Centre Region *Communities That Care*  
*Serving State College Area School District*  
Dawn Taylor, Community Mobilizer  
814-883-5013  
dtaylor105@gmail.com  
Web address: [carecentreregion.org](http://carecentreregion.org)

Centre County *Communities That Care*  
*Serving the School Districts of Bald Eagle, Bellefonte, Penns*  
*Valley, and Philipsburg-Osceola*  
Elizabeth Eckley, Community Mobilizer  
814-404-9511  
centrecountyctc@yahoo.com  
Web address: [centrecountyctc.org](http://centrecountyctc.org)