



CENTRE COUNTY PREVENTION COALITION
A SAMHSA Funded Drug-Free Community Coalition
Supported By Centre County Drug and Alcohol



December 16, 2009 -- Holiday gifts: Tips from a Tween

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Giving and getting holiday gifts is a tradition we all love. But picking out gifts is not always easy.

Finding gifts for everyone in the family is hard on a tween's budget. Here are some ideas that don't cost a lot of money.

- Frame a picture you've drawn
 - Make an iMovie of yourself and your brothers and sisters
 - Make a book with a list of your favorite memories about someone you love
 - Make cookies to give in gift bags
 - Make gift certificates for things you will do, like shoveling snow for grandparents, making breakfast for parents, or taking a little brother to a movie
 - Frame a picture of yourself
 - Make a box of dress-up clothes for a little sister, brother, or cousin
 - Make a calendar using cut-out pictures, photos, and drawings
 - Make a gift certificate for a volunteer activity you will do in honor of someone, like volunteering at the food bank in honor of your grandparents
 - Give a younger child in your family some of your books that you liked best when you were little
 - Give a jigsaw puzzle to the whole family and plan a time for everyone to work on it together
 - Make an ornament, jewelry, or other craft
 - Make your own holiday gift cards
 - Make a photo album of a special event, like a family vacation or grandparent's anniversary
- Hugs!

Here are some gift ideas for tweens. Feel free to ask us for other ideas. We are usually more than happy to supply them!

- Computer and video games
- Skinny jeans
- Movie certificates
- Tickets to a concert or sports event
- Favorite team items
- Sports equipment
- Favorite DVDs
- Cell phone?!
- Gift certificates for family activities, like going sledding, going bowling, or going white water rafting next summer
- iPod

Magazine subscriptions

Hobby supplies

Board games for groups, like Apples to Apples, Beat The Parents, or Pictureka

Gift certificate for a one-on-one outing, like lunch and shopping at the mall or dinner and a movie

Things to decorate our rooms, like posters, pillows, or desk supplies

Journal or diary

Books from a favorite series, like Twilight, Harry Potter, or Chicken Soup for a Teenager Soul

And you cannot go wrong giving money or a gift card!

Note: Tweens are children in the age group of approximately 9 to 14 years of age.

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